



SCHOOL-BASED HEALTH CENTERS IN MARYLAND

Maryland Assembly on School-Based Health Care

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Making the Case for School-Based Health Centers

Agenda

- ❖ Background
- ❖ In Maryland
- ❖ Funding and Sustainability

What are School-Based Health Centers:

SBHCs are health centers, located in a school or on a school campus, which provide onsite comprehensive preventive and primary health services.



Services may also include mental health, oral health, ancillary, and supportive services. You might think of a SBHC as a “health center in a school”.

School Health and School-Based Health Centers: What's the Difference?

School Health

- Services provided by a Nurse or combination Nurse and Health Aide
- Provide oversight for the health and safety of the students through school health policies and programs
- Responsible for the health expertise in Individualized Health Plans and Emergency Care Plans

SBHCs

- Interdisciplinary Team led by a nurse practitioner or a physician
- Provide primary health care that may include dental and mental health services
- Part of the larger health system and contributes to larger data and quality reporting systems

Why School-Based Health Centers?

Evidence Based Solution that improves educational and health outcomes.

- ✓ SBHCs lead to improved educational outcomes including school performance, grade promotion, and high school completion.
- ✓ SBHCs also lead to improved health outcomes including the delivery of vaccinations and other recommended preventive services, and decreases in asthma morbidity, and emergency department and hospital admission rates.



The Community Preventive Service Task Force (Task Force) is an independent, nonfederal, unpaid body of public health and prevention experts. It is congressionally mandated to identify community preventive programs, services, and policies that save American lives and dollars, increase longevity, and improve quality of life. The Community Guide is a collection of all the evidence-based findings and recommendations of this Task Force. Find more information at www.thecommunityguide.org.

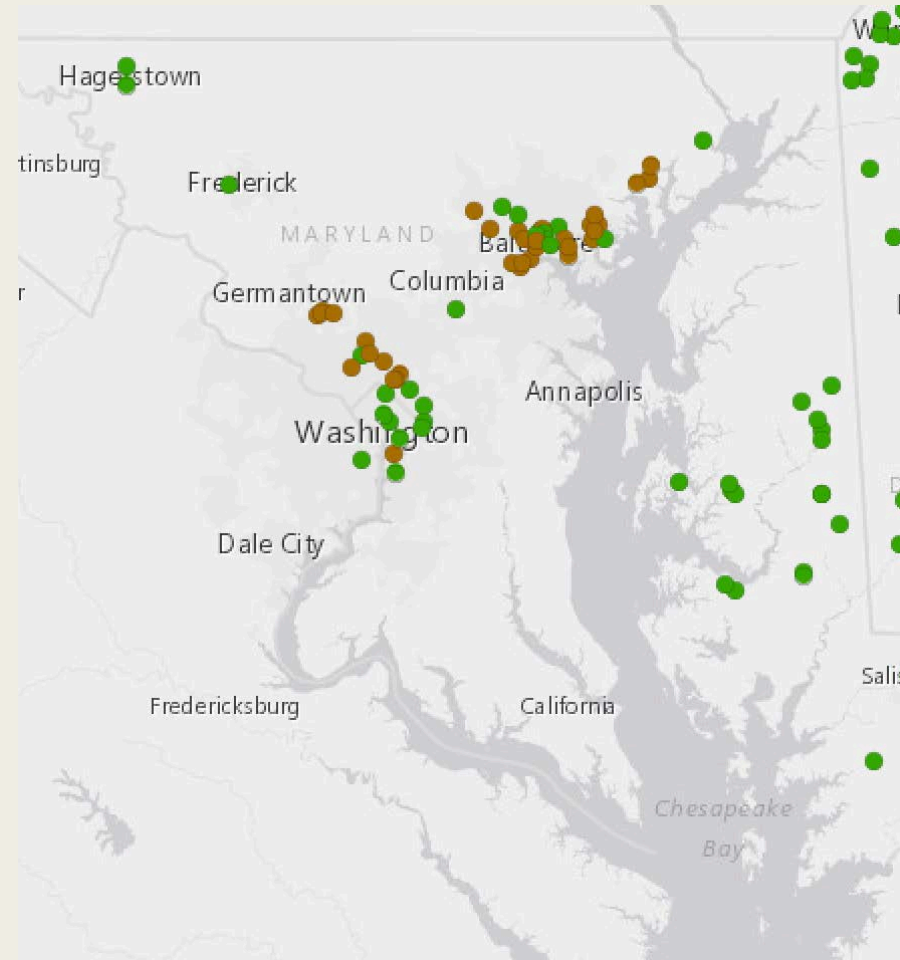
School Health and School-Based Health Centers: Why Both?

- ✓ Increases capacity to address needs of high risk students
- ✓ Further reduces absenteeism and increases seat time
- ✓ Provides seamless and prompt care when nurses triage and refer to the SBHC
- ✓ School health and SBHCs work collaboratively to provide comprehensive health care to students
- ✓ Increases the type and breadth of health care services

In Maryland

How Many SBHCs are in Maryland?

Total	83
Baltimore City	17
Baltimore	13
Caroline	9
Dorchester	4
Frederick	1
Harford	5
Howard <i>(includes telehealth sites)</i>	9
Montgomery	13
Prince George's	4
Talbot	4
Washington	2
Wicomico	2



Funding and Sustainability

How are School-Based Health Centers Funded?

Combination of:

- *Federal Grants*
- *State Grants*
- *Local Dollars*
- *Commercial and Medicaid MCO reimbursement*
- *Other*

What are the challenges?

SBHCs can generate revenue through Medicaid and insurance reimbursement.

SBHCs will need continued additional support because:

- High level of uninsured students; and
- Low level of Medicaid reimbursement.

History of SBHC Funding in Maryland

- The state has budgeted only just over \$2 million for SBHCs since the inception of the program in the past 20 years.
- When first funded in the late 1990's, the Executive Branch planned to phase in funding over 3 installments to reach \$6 million a year. Only the first installment was realized.

Recommendations

- Inclusion of SBHCs in The Commission's final report as an integral part of innovation and excellence in education
- Revisit the initial commitment of \$6 million and determine the value on present day dollars
- Conduct a needs assessment by June 30, 2019, that:
 - Includes all 24 local jurisdictions
 - Determines the need to expand capacity through existing and new SBHCs
 - Determines the amount of funds needed to fund an expansion

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